

## **Nonduality** **A compilation of links by David Savage**

This document was written last updated in January 2013. The links have not been verified since then, and given the fleeting nature of some websites, some of the pages may no longer exist.

Feel free to distribute the document and/or the link to it on the page at <http://www.savageheart.com/2015/info.html> to anyone who wants to know about nonduality, also called neo-Advaita.

If there are links, books, or videos you would like included in this list, or you find links here that are broken, email me at [david@savageheart.com](mailto:david@savageheart.com) (include "nonduality" in the title) and I will update this document. Thanks.

Some words about nonduality:

<http://en.wikipedia.org/wiki/Nondualism>  
<http://www.nonduality.com/>  
<http://nonduality.com/whatis.htm>  
<http://endless-satsang.com/advaita-nonduality-oneness.htm>  
<http://www.nondualityinstitute.org/What-Is-Nonduality.html>  
<http://non-dualitypress.org/pages/about-us>  
<http://nonduality.org/>  
<http://advaitatoons.blogspot.com/>  
<http://nondualityamerica.wordpress.com/>  
<http://www.stillnessspeaks.com/>  
<http://kentonwhitman.com/2008/09/01/9-great-non-dual-teachers/>  
<http://www.advaita.org.uk/teachers/teachers.htm>  
<http://welcometononduality.blogspot.com/>

You may enjoy my video "Nonduality Awake" (partly serious and partly humorous) and other videos at <http://www.youtube.com/user/zenjazzplayer/videos>. The direct link to that video is <https://www.youtube.com/watch?v=Q7d1PfvPA6M>

In my opinion, the best video of all time about nonduality or anything else is Jeff Foster's "All that's left is laughter" at <http://www.youtube.com/watch?v=CwzQJdvFMel>

That Jeff Foster video is edited from a longer version. There is also a part 2 and part 3, but I was unable to find them now. In the longer version, once they calm down, Jeff goes on to answer the questions.

Someone I sent this document to didn't understand why they were laughing, so here's an explanation:

Maybe you just had to be there and they both just got the sillies at the same time. However, the first question was "Once the ego is gone, will there be just a spontaneous flow of the universe manifesting?" My understanding of why this broke them up is that (1) "once the ego is gone" never happens because the ego is an illusion, and (2) there is always "just a spontaneous flow of the universe manifesting," i.e., the nondual nature of reality. There can never be anything else. So the questioner misunderstands the nature of reality, and the question is silly. But if you didn't find their laughter contagious, I don't think that explanation will help you to laugh.

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Laughter tends to be contagious, whether or not people understand why they are laughing. In the video with Jeff Foster, you can hear the camera woman also laughing, and in the three videos with Mooji below, the other people in attendance also laugh.

I certainly do not claim to be "awake," but I understand that once you have an insight into the nature of reality, all the intellectualizing questions and doubts and concerns about the self and oneself appear to just be silly, so that "all that's left is to have a good laugh."

Here are some videos in which Mooji and people in his audience at satsangs break up laughing, for much the same reasons:

<http://www.youtube.com/watch?v=DfvqvDkdG2M>  
<http://www.youtube.com/watch?v=whAFLhSWdsA>  
<http://www.youtube.com/watch?v=auManGnU3yk>

Local (DC, VA, MD) gatherings about nonduality:

<http://www.meetup.com/NoVA-ByronKatie/>  
<http://www.meetup.com/DC-Waking-Down-in-Mutuality/> - Dan Will  
<http://www.meetup.com/Spiritual-Singles-DC-Area/>  
<http://www.meetup.com/Non-Duality-Meeting-Satsang/> - Magdi (in Annandale, VA)  
<http://www.mayallbeingsawaken.org/> - Jeff Maurer (in Gaithersburg, MD)  
[www.onecircle.net](http://www.onecircle.net) - One Circle, which is at Stream and Tania's house in Silver Spring, has hosted nonduality teachers  
<http://onecircle.net/onecircle/pages/visiting-teachers.php>

The nonduality teachers I've seen in person when they came to this area are Gangaji, Adyashanti, Jac O'Keeffe (yes, two "f"s), Mooji, Pamela Wilson, Nirmala, Scott Kiloby, John Wheeler, Jeannie Zandi, Rupert Spira, Nirmala, and Bentinho Massaro, a very young (29 years old) and very prolific nonduality teacher from The Netherlands who moved to North Carolina in 2012.

Most of the nondual teachers have a huge number of free videos online. Here are some links.

64 videos from the 2010 Science and Nonduality Conference  
<http://www.youtube.com/watch?v=sK9IP4ODSDE&feature=youtu.be>

This conference has been happening annually (now biannually) for at least three years.  
<http://www.scienceandnonduality.com/>  
<http://batgap.com/> - In my opinion, this is the best collection of interviews with teachers of nonduality. I've watched many of this large and ever growing collection of hour-long video interviews with people who claim to be awake. The site also has a very active email forum.

<http://satsangs.net/> - lots of videos on nonduality:  
<http://www.conscious.tv/nonduality.html> - video Interviews with nonduality teachers  
<http://www.stillnessspeaks.com/videos/> - I've watched a few of the videos here.  
<http://www.nevernothere.com/> - a large collection of interviews with nonduality teachers.  
<http://www.nonduality.com/av.htm> - a lot of interesting looking links  
<http://www.katiedavis.org/FreeAwakeningVideos.html>  
<http://vodpod.com/nondualityamerica>

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<http://nondualityamerica.wordpress.com/>  
<http://nonduality.org/>

Websites of a few of the many contemporary nonduality teachers, in no particular order:

Adyashanti

<http://www.adyashanti.org/>  
<http://www.adyashanti.org/cafedharma/>

He does free live streaming video on Wednesday evenings starting at 9 pm Eastern time.

<http://www.adyashanti.org/cafedharma/index.php?file=video>

I've watch the basics videos part 1 and 2 and a few others, and have watched the free live call-in video broadcast on a Wednesday nights. Adya's wife, Mukti, also teaches nonduality.

Jac O'Keeffe

<http://www.jac-okeeffe.com/>

Jeff Foster

<http://www.lifewithoutacentre.com/>

Scott Kiloby

<http://kiloby.com/>  
<http://livingrealization.org/>

Mooji

<http://www.mooji.org/>

Karen Richards is a nonduality teacher from England

<http://karen-richards.com/>  
<http://www.youtube.com/user/KarenSatsang?feature=mhum>

Bentinho Massaro

<http://www.bentinhomassaro.com/>  
<http://www.youtube.com/user/BentinhoMassaro>

Bentinho is one of the youngest teachers of nonduality, yet also one of the most prolific, dynamic, and fast-changing

Jeannie Zandi

<http://www.jeanniezandi.com/>

Rupert Spira

<http://non-duality.rupertspira.com/home>

Florian Schlosser

<http://www.florianschlosser.com/>

Unmani

<http://www.not-knowing.com/>

Nirmala

<http://endless-satsang.com/>

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Francis Lucille  
<http://www.francislucille.com/>

James Braha  
<http://www.jamesbraha.com/home.html>

Eckhart Tolle  
<http://www.eckhartolle.com/>

Gangaji  
<http://www.gangaji.org/>

If you have doubts about these teachers, here are two links that will reinforce those doubts: :)

Here's an important article that critiques the contemporary teachers of nonduality/Neo-Advaita:  
<http://www.enlightened-spirituality.org/neo-advaita.html>

Here's an article that shows how the contemporary nonduality teachings are wrong  
<http://www.naturalism.org/tolle.htm>